

NEW 2018.19 FDC COMPETING REQUIREMENTS

REQUIREMENTS BY GENRE

Contemporary | Lyrical and/or Jazz | Musical Theater Company

- Required 2.5-hour Company ONLY Training Block - Rotating Faculty
 - Contemporary/Lyrical
Monday 5:30pm - 8:00pm block for all ages and levels
(exception Mini Co.)
 - Jazz/Musical Theater
Tuesday 5:30pm - 8:00pm block for all ages and levels
(exception Mini Co.)
 - Required (2) Ballet Blocks
 - Thursday 5:30pm – 7:30pm and Saturday 10:00am – 12:00pm for all ages and levels (exception Mini Co.)
- OR
- (1) Ballet Block and (2) "fitness" classes (Mon/Tues/Thurs at 4:30pm, Sat 9am)
- Required July through December take the following
 - **New** Open Company Improv class
(for competing & non-competing)
Either Monday 3:30pm - 4:30pm or 8:00pm - 8:45pm depending on age, level, and availability
- AND/OR
- **New** Open Company Hip Hop class
(for competing & non-competing)
Either Tuesday 3:30pm - 4:30pm or 8pm - 8:45pm depending on age, level, and availability
- Required Choreography
Attend all choreography weekend rehearsal blocks before January. After January, attend 1-hour or 45-minute weekly choreography rehearsal(s) (depending on age level and availability).
FYI: Not all choreography rehearsals will be during the week.
Invitational Honor Group(s) start January on the weekends.

Jazz | Lyrical Mini Company

- Required 3-hour Jazz/Lyrical Training Block
Saturday 9am - 12pm all year
- Required Choreography
Saturday 12:30pm - 1:30pm Lyrical and 1:30pm - 2:30pm Jazz all year
- Required 2 Ballet classes
PB2 and PB3

Tap Company

- Required Company ONLY Training Block - Rotating Faculty
Either Wednesday 4:00pm - 5:00pm Tap Block or 7:00pm - 8:00pm Tap Block assigned based upon age and level.
- Required extra training hour July through December
New Open Company class (competing & non-competing)
This hour is scheduled on Wednesday after your block depending on where choreography will be. FYI: It will connect time-wise to your block. Not all Tap choreography will be during the week.
- Extra hour tap class beginning in January or before...☺
Either the **New** Tap Open Company class (for competing and non-competing) Wednesdays 6:00pm - 7:00pm (with two levels and Rotating Faculty), or any level Tap class during the week, or Tap Jam/Improv.
- Required for Tap Only dancers – (2) technique classes
Tappers who compete Tap Only, take (2) technique classes in either Turns & Technique, Acro, or Hip Hop.
- Required Choreography
Attend all choreography weekend rehearsal blocks before January. After January, attend 1-hour or 45-minute weekly choreography rehearsal(s) (depending on age level and availability).
FYI: Not all Choreography will be during the week.
Invitational Honor Group(s) start January on the weekends.

Acro Company

- Required Company ONLY Training Block - Rotating Faculty
Either Thursday 4:30pm - 5:30pm or 7:30pm - 8:30pm assigned based upon age and level.
- Required extra training hour July through December
Extra training **New** Open Company Class (competing & non-competing 3:30pm - 4:30pm for younger, 8:30pm - 9:15pm for older)
- Extra hour Acro class beginning in January or before...☺
Either the Friday 7:30pm Acro PT or any level Acro class during the week.
- Required (2) Ballet Blocks
 - Thursday 5:30pm – 7:30pm and Saturday 10:00am – 12:00pm for all ages and levels
(exception Mini Co.)
 - OR
 - (1) Ballet Block and (2) "fitness" classes (Mon/Tues/Thurs at 4:30pm, Sat 9am)
- Required Choreography
Attend all choreography weekend rehearsal blocks before January. After January, attend 1-hour or 45-minute weekly choreography rehearsal(s) (depending on age level and availability).
FYI: Not all Choreography will be during the week.
Invitational Honor Group(s) start January on the weekends.

Hip Hop Company

- Required Company ONLY Training Block - Rotating Faculty Now on Fridays!
Friday 6:30pm - 7:30pm assigned based upon age and level.
- Required extra training hour July through December
New Open Company class (competing and non-competing)
This is scheduled on Friday before your block depending on where your choreography will be.
- Extra hour Hip Hop class beginning in January or before...☺
Take either Hip Hop 3 or 4 class offered on Friday assigned based upon age and level, Good Project, or another Hip Hop class during the week.
- Required for Hip Hop Only dancers – (2) technique classes
Hip Hoppers who compete Hip Hop Only, take (2) technique classes in either Turns & Technique, Acro, Jazz, or Tap.
- Required Choreography
Attend all choreography weekend rehearsal blocks before January. After January, attend 1-hour or 45-minute weekly choreography rehearsal(s) (depending on age level and availability).
FYI: Not all Choreography will be during the week.
Invitational Honor Group(s) start January on the weekends.

Ballet Conservatory Classes

All Ballet Training Blocks and Pointe classes are Open Company (non-competing and competing) by assessment.

Ballet Training Block - Rotating Faculty:

Thursdays 5:30pm – 7:30pm and Saturdays 10:00am – 12:00pm, for all ages and levels, with the exception of Mini Co.

Barre Training

"Fitness" Classes (Mon/Tues/Thurs 4:30pm, Sat 9:00am)

Pointe Classes

Thursday 7:30pm – 8:30pm and Saturday 12:00pm – 1:00pm

Club FOCUS

Placement in training classes (Block and/or Universal) will be customized on an individual basis, based upon level of ability and age of dancer.

Participation Requirements

- 1 to 2.5 hours - training in the genre(s) competing in, based upon commitment and level of ability
- (2) technique classes to compliment the genre(s) to be determined by FOCUS
- 1-hour choreography class per genre that will meet once a week on the weekend

IMPORTANT DATES IN JUNE/JULY IN TRANSITION BETWEEN OLD AND NEW SEASON

June 25th – June 30th

FOCUS will hold all new Training Block schedule classes to maintain training for upcoming Showstopper Finals competition

July 2nd – July 6th

No Block classes

July 7th & July 8th

Rehearsals will be held for all regularly scheduled groups on Saturday and Sunday (FYI: no Block classes will be held on Saturday the 7th)

July 8th

End-of-the-Year Celebration Gala for dancers who perform in the Saturday evening Gala Honors Performance

July 9th – July 13th

Audition/Intensive and new Block class schedule

July 9th – July 17th

New Block classes and all regularly scheduled rehearsals will take place

July 15th

End –of-the-Year Celebration @ Dave and Busters for all Company and Club FOCUS

July 18th – July 22nd

Showstopper Finals Competition