



WHAT'S HAPPENING AT FOCUS DANCE CENTER

- Classes for pre-school, K-12, College & Adults
- Classes for the Beginner to the Advanced Professional
- Fitness Classes for Kids and Adults
- Dance and Fitness for:
 - Exercise
 - Fun
 - Competition
 - The Serious minded professional
- Instruction in:
 - Tap
 - Ballet
 - Contemporary
 - Musical Theater
 - Tumbling/Acro
 - Pilates
 - Floor Mat classes
 - Tap Improv/Jam Sessions
 - Jazz
 - Hip-Hop
 - Lyrical
 - Stretch & Conditioning
 - Turns & Technique
 - Pilates reformer
 - Salsa
 - Cheer/Pom/Prep
- Hip-Hop Crew Classes:
 - Good Project
 - Kaba Modern
 - Common Ground
 - Kaba Kids
- Ask about our Club FOCUS, and Competing Teams it's not to late to participate
- Morning Fitness Classes available too